

feet back caffeine  
PPE surface water  
legs sweating emergency

## WORD BANK

Use the words above to fill in the answers below. Find all the answers in safety blasts on OneNote - Seasonal Safety Blasts.

The leftover word is your codeword!

- \_\_\_\_ is the best defense against heat illnesses.
- To reduce your risk of heat stress, avoid heavy meals, \_\_\_\_ and limit your salt intake.
- One symptom of heat stroke is the absence of \_\_\_\_.
- Put the chainsaw on a flat \_\_\_\_ of the ground. Make sure nothing is in the way of the bar.
- When possible, while parking your car, it's best to \_\_\_\_ into your spot.
- When cutting grass, in addition to \_\_\_\_, consider long pants, long sleeve shirts when there is a possibility of flying debris.
- When shoveling heavy snow, remember to lift the shovel with your \_\_\_\_ and not your back.
- During the holidays season, remember to place your tree at least 3 \_\_\_\_ away from fireplaces, radiators and other heat sources, making certain not to block doorways.

Leftover Word: \_\_\_\_\_